



ABSOLUTE ESSENTIAL™
THERAPEUTIC PLANT OILS

NATURAL HEALTHCARE SEMINAR SERIES 2014

ABSOLUTE BOOST TO NATURAL BODY FITNESS & HEALTH

Looking for proven organic medicine to enhance body tone, circulation & immunity?

Gain essential, hands-on knowledge in one of today's most versatile and effective natural health practices.

You are invited to attend Seminar 4 in a four-part educational seminar series:

Dates: Auckland - 18th November, 2014

South Pacific College of Natural Medicine
8 Arthur St Ellerslie, Auckland 1051

Wellington - 19th November, 2014

Meetings on the Terrace, 152 The Terrace, Wellington

Times: 6.00 pm supper (*provided*), 6.30-8.00 pm training

Cost: \$39

CPD Points APPLY - Attendance Certificates will be issued

LEARN FROM THE EXPERT

Professional advice on using organic plant compounds to strengthen and improve body fitness.

- Essential know-how and confidence when using pure essential oils & carriers
- Therapeutic recipes for children and during pregnancy
- Clear and practical steps to effective, safe family care using therapeutic plant oils

RECEIVE ADVICE ON:

- How to nurture cell health in muscles, joints and tendons to combat a range of physical health issues such as arthritis, back & joint pain and more.
- Which oils can help with specific conditions such as varicose veins, cellulitis, hyper-tension and more.
- Body Fit DIY – How to build a basic body-fit kit to fortify the body and attend to minor conditions of the muscular & circulatory systems.
- How to select dosage, frequency & dilution for: Topical / Compress / Massage or Body Oil / Bath or Shower - Direct / Perfusion / Pressure Points and more.

Presented by

Bo Hendgen D.O. N.D. A.M

Over 25 years experience in working with therapeutic plant oils, osteopathy & naturopathy.

Her company uses the purest of organic plant essences in specialist family health care to provide you with effective help to nurture you every step of the way.

Her focus is on providing reassuringly safe, natural products for maternity, early years & child care.



Limited spaces. Bookings essential.

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t: 0508 ABSOLUTE (0508 227 658)

w: www.absoluteessential.com/seminars

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Natural therapeutic products for every event and everyday living