



ABSOLUTE ESSENTIAL™  
THERAPEUTIC PLANT OILS

# NATURAL HEALTHCARE SEMINAR SERIES 2014

## ABSOLUTE BOOST TO NATURAL BODY FITNESS & HEALTH

Looking for proven organic medicine to enhance body tone, circulation & immunity?

Gain essential, hands-on knowledge in one of today's most versatile and effective natural health practices.

**You are invited to attend the Seminar 4 in a four-part educational seminar series**

### Dates & Venue:

**Auckland** - 18th November, 2014

South Pacific College of Natural Medicine  
8 Arthur St Ellerslie, Auckland 1051

**Wellington** - 19th November, 2014

Meetings on the Terrace, 152 The Terrace, Wellington

**Times:** 6.00 pm supper (provided), 6.30-8.00 pm training

**Cost:** \$39 (with earlybird \$35.10 - save 10% - book by 28 October 2014)

### LEARN FROM THE EXPERT

- Professional advice on using organic plant compounds to strengthen and improve body fitness, including solutions for baby, child & pregnancy.
- Essential know-how and confidence when using pure essential oils & carriers
- Clear and practical steps to effective, safe family care using therapeutic plant oils

### RECEIVE ADVICE ON:

- How to nurture cell health in muscles, joints and tendons to combat a range of physical health issues such as arthritis, back & joint pain and more.
- Which oils can help with specific conditions such as varicose veins, cellulitis, hyper-tension and more.
- How to build a basic body-fit kit to fortify the body and attend to minor conditions of the muscular & circulatory systems.
- How to select dosage, frequency & dilution for: Topical / Compress / Massage or Body Oil / Bath or Shower - Direct / Perfusion / Pressure Points and more.

### Presented by

**Bo Hendgen D.O. N.D. A.M**

Over 25 years experience in working with therapeutic plant oils, osteopathy & naturopathy.

Her company uses the purest of organic plant essences in specialist family health care to provide you with effective help to nurture you every step of the way.

Her focus is on providing reassuringly safe, natural products for maternity, early years & child care.



Limited spaces. Bookings essential.

e: [education@absoluteessential.com](mailto:education@absoluteessential.com)

t: 0508 ABSOLUTE (0508 227 658)

w: [www.absoluteessential.com/seminars](http://www.absoluteessential.com/seminars)

CPD Points APPLY - Certificates will be issued



Natural therapeutic products for every event and everyday living